

About Karin

After completing her studies in interior design, Karin went out into the world choosing Kuala Lumpur, a then booming cosmopolitan city in which every architect could find work to start her career. She would never have dared to dream that her work as an interior designer would one day bridge her passion for cooking.

For the past fourteen years she has been a project manager responsible for architectural matters during corporate events. No matter which country or continent her work took her to – she was always fascinated by the local cuisine and the ingredients grown locally. Inspired by her luck of being able to look over the shoulders of many great chefs at these events and also meeting small food producers, allowed her to penetrate ever deeper into the world of culinary art. On her journey, she has partaken in an internship in a craft cheese dairy in Sicily, as well as spent a summer in the mountain as a chef in an Alpine Club hut, adding to her education as a nutritionist. This has shaped her passion and allowed her to develop a multi-layered view of our food.

Her connection to nature and a desire to lead an environmentally friendly lifestyle, which she developed early on, has sensitized her understanding of sustainable food production, the use of groceries and has led her to support regional and seasonal cuisine. True to her motto: Eat local – Act global. For several years now she has been in the fortunate position of being able to live out her passion professionally. As an event professional, in addition to her architectural skills, she is now also providing nourishment for events and retreats.

She enjoys bringing people together and introducing them to new cultures through the local food and ingredients of that region – by shopping at local markets, visiting small producers or foraging in the area on a ‘herb hike’.

Karin is convinced that no matter where in the world you are: We connect most easily with the place – and with ourselves – when we enjoy and appreciate the locally grown products.